

Resultater Nordmarka Halvmaraton

Lørdag 26. juni 2010

damer

Plass	Navn	Klubb	Klasse	Tid	Diff	Tid/Km
1	Marthe Katrine Myhre	Gjøvik If	K 23 - 29	1:28:44		04:12
2	Kari Langerud	Hytteplan Veteraner	K 50 - 54	1:32:37	0:03:53	04:23
3	Ingrid Skaarer	Koll Il	K 35 - 39	1:37:09	0:08:25	04:36
4	Charlotte Knudsen	Crux	K 35 - 39	1:41:05	0:12:21	04:47
5	Helene Ness Jørgensen	Hytteplan Sport	K 23 - 29	1:42:12	0:13:28	04:51
6	Hannele Tonna	Visma Bil	K 30 - 34	1:42:30	0:13:46	04:52
7	Line Eskerud	Konnerud Il	K 23 - 29	1:43:40	0:14:56	04:55
8	Åse Bergliot Kvisgaard	Hytteplan Sport	K 45 - 49	1:46:13	0:17:29	05:02
9	Marianne Følling Elgjo	Privat	K 45 - 49	1:46:48	0:18:04	05:04
10	Tone Berge Enger	Privat	K 23 - 29	1:47:50	0:19:06	05:07
11	Silje Sondell Hansen	Privat	K 23 - 29	1:49:13	0:20:29	05:11
12	Sofie Hjorth	Privat	K 20 - 22	1:49:22	0:20:38	05:11
13	Anne Gro Tandberg	Ringkollen Maraton	K 45 - 49	1:49:52	0:21:08	05:12
14	Pia Christina Bråthen	Elixia Hønefoss	K 23 - 29	1:51:20	0:22:36	05:17
15	Toril Aagaard	Privat	K 35 - 39	1:51:51	0:23:07	05:18
16	Lene Lothe	Privat	K 35 - 39	1:53:47	0:25:03	05:24
17	Kristin Säterberg	Team Uppsala	K 23 - 29	1:56:31	0:27:47	05:31
18	Aase Camilla Viehbrock	Privat	K 23 - 29	1:57:37	0:28:53	05:35
19	Jorunn Junge	Dokumentpartner As	K 30 - 34	1:58:22	0:29:38	05:37
20	Siri Fjeldberg	Ebil	K 30 - 34	1:59:02	0:30:18	05:39
21	Cesilie Meling Stenbakken	Privat	K 30 - 34	1:59:40	0:30:56	05:40
22	Monica Strand	Privat	K 40 - 44	2:00:30	0:31:46	05:43
23	Ulrikke Sunde	SK Breial	K 30 - 34	2:01:14	0:32:30	05:45
24	Sidsel Brenden Solberg	Interoptik A. Løchen	K 40 - 44	2:03:33	0:34:49	05:51
25	Karianne Evje Skiaker	Haavind Bil	K 23 - 29	2:04:08	0:35:24	05:53
26	Hilde Sundvold	Lett Og Fin	K 40 - 44	2:04:37	0:35:53	05:54
27	Rikke Olafsen Rokke	Tekna Bil	K 35 - 39	2:07:02	0:38:18	06:01
28	Sissel Voll Tandberg	Visma Avendo	K 30 - 34	2:07:14	0:38:30	06:02
29	Sølvi Hjelmeland Stensli	Lier Vgs	K 45 - 49	2:08:26	0:39:42	06:05
30	Silje Kjøbstad	Elixia Hønefoss	K 20 - 22	2:08:30	0:39:46	06:05
31	Maren Hjorth	Privat	K 23 - 29	2:08:31	0:39:47	06:06
32	Stine Larsen	Dokumentpartner As	K 23 - 29	2:10:05	0:41:21	06:10
33	Camilla Constance Lilleng	Kripos Il	K 30 - 34	2:14:38	0:45:54	06:23
34	Elisabeth Eide	Privat	K 20 - 22	2:15:49	0:47:05	06:26
35	Runa Bakke	Privat	K 30 - 34	2:17:33	0:48:49	06:31
36	Ellen Karine Myren	Privat	K 30 - 34	2:17:33	0:48:49	06:31
37	Helene Lesund	Oslofjordtriatlon	K 35 - 39	2:21:32	0:52:48	06:43
38	Trude Bergstad	Privat	K 35 - 39	2:21:32	0:52:48	06:43
39	Karen - Margrete Fjeldberg	Privat	K 30 - 34	2:24:37	0:55:53	06:51
40	Cathrine Merkesdal	Privat	K 23 - 29	2:29:18	1:00:34	07:05
41	Mari Jørgensen	Ik Grane	K 35 - 39	2:57:55	1:29:11	08:26
42	Lisbet Bireland	Ik Grane	K 60 - 64	3:00:44	1:32:00	08:34

Herrer

Plass	Navn	Klubb	Klasse	Tid	Diff	Tid/Km
1	Svein Inge Buhaug	Modum Fik	M 40 - 44	1:16:00		03:36
2	Eirik Norstrøm	Hytteplan Sport	M 35 - 39	1:18:21	0:02:21	03:43
3	Knut Eraker Hole	Hadeland Fik	M 35 - 39	1:18:57	0:02:57	03:45
4	Richard Larsson	Ringkollen Skiklubb	M 35 - 39	1:20:48	0:04:48	03:50
5	Frode Holst	Noil	M 45 - 49	1:21:41	0:05:41	03:52
6	Nils Bjerke	Toyota Hønefoss	M 50 - 54	1:22:24	0:06:24	03:54
7	Andreas Larsen	Tronrud Gruppen Bil	M 23 - 29	1:22:52	0:06:52	03:56
8	Kalle Jensen	Ok Bil	M 35 - 39	1:23:55	0:07:55	03:59
9	Tor Fauske	Løplabbet	M 45 - 49	1:24:14	0:08:14	04:00
10	Thomas Østreng Rotherud	Prestmoen Soccer	M 35 - 39	1:25:48	0:09:48	04:04
11	Håkon Stenbakken	Privat	M 35 - 39	1:26:36	0:10:36	04:06
12	Haakon Johnsrud Guttormsen	Ringkollen Skiklubb	M 20 - 22	1:28:32	0:12:32	04:12
13	Pål Werdenhoff	Team Sport 1	M 23 - 29	1:28:37	0:12:37	04:12
14	Tor Øystein Henningsen	Follum Bil	M 23 - 29	1:29:08	0:13:08	04:13
15	Thomas Engenes	Dokumentpartner As	M 23 - 29	1:31:13	0:15:13	04:19
16	Daniel Sellevoll	Privat	M 30 - 34	1:31:24	0:15:24	04:20
17	Per Midthaugen	Nih-Bil	M 30 - 34	1:31:38	0:15:38	04:21
18	Martin Sulland	Holeværingen Ski Elite	M 16 - 17	1:32:02	0:16:02	04:22
19	Lars Hagelsteen Vik	Holeværingen Ski Elite	M 18 - 19	1:32:02	0:16:02	04:22
20	Trond Svela Sand	Nih-Bil	M 30 - 34	1:32:11	0:16:11	04:22
21	Yngve Thoresen	Tronrud Gruppen Bil	M 35 - 39	1:32:25	0:16:25	04:23
22	Per Øyvinn Andersen	Iron Maiden	M 35 - 39	1:32:43	0:16:43	04:24
23	Espen Langdalen	Ringerike Vgs	M 45 - 49	1:32:51	0:16:51	04:24
24	Pål Andreassen	Ringkollen Skiklubb	M 45 - 49	1:33:27	0:17:27	04:26
25	Gunnar Skandsen	Privat	M 50 - 54	1:33:28	0:17:28	04:26
26	Svend Otto Sundby	Hole Kommune B.i.l.	M 55 - 59	1:34:36	0:18:36	04:29
27	Knut Magnus Skaar	Fossum If	M 23 - 29	1:34:42	0:18:42	04:29
28	Anders Aasen	Vn Maskin & Gummi	M 35 - 39	1:34:48	0:18:48	04:30
29	Tage Hybertsen	Hytteplan Sport	M 40 - 44	1:34:53	0:18:53	04:30
30	Ole Bjørn Braathen	Sjåstad/vestre Lier	M 55 - 59	1:35:05	0:19:05	04:30
31	Christian Evensen	Rovels Running Team	M 30 - 34	1:35:26	0:19:26	04:31
32	Eivind Stenseth	Enter Forsikring	M 35 - 39	1:36:09	0:20:09	04:33
33	Vegard Voll	Nesbyen Il	M 35 - 39	1:36:29	0:20:29	04:34
34	Trond Olav Vassdal	Statens Kartverk Bil	M 50 - 54	1:36:51	0:20:51	04:35
35	Asle Rinde	Privat	M 35 - 39	1:36:58	0:20:58	04:36
36	Anders Storhaug Heen	Team Overtenning	M 23 - 29	1:37:48	0:21:48	04:38
37	Geirr Are Blystad Larsen	Hakadal Lfp	M 45 - 49	1:38:04	0:22:04	04:39
38	Odd- Rune Olsen	Luke The Drifter's	M 45 - 49	1:38:20	0:22:20	04:40
39	Ove Kristoffersen	Spenncon	M 45 - 49	1:38:29	0:22:29	04:40
40	Anders Brennhovd	Team Ho-Bre	M 30 - 34	1:39:49	0:23:49	04:44
41	Torbjørn Saga	Team Daniel	M 40 - 44	1:40:27	0:24:27	04:46
42	Henrik Ljøgodt Moen	Get Bil	M 23 - 29	1:40:47	0:24:47	04:47
43	Ole Jonny Kongsmo	Spenncon	M 45 - 49	1:41:17	0:25:17	04:48
44	Roar Sollie	Telebil	M 30 - 34	1:41:31	0:25:31	04:49
45	Dag Olav Norem	Opera Software	M 35 - 39	1:41:42	0:25:42	04:49
46	Erik Moen	Team Extreme	M 45 - 49	1:41:54	0:25:54	04:50
47	Marius Fein	Team Bull Ski & Kajakk	M 23 - 29	1:42:19	0:26:19	04:51
48	Truls H.h. Olsen	Privat	M 50 - 54	1:42:24	0:26:24	04:51

49	Jan Kr. Bråten-Obel	Hønefoss Putters	M 40 - 44	1:42:32	0:26:32	04:52
50	Magnus Helle	Nordlysbyen Sykkel	M 23 - 29	1:42:56	0:26:56	04:53
51	Nicolaj Tidemand	Det Norske Veritas Bil	M 35 - 39	1:42:59	0:26:59	04:53
52	Erling Svela	Privat	M 50 - 54	1:43:00	0:27:00	04:53
53	Knut Olav Andersen	Ringerike	M 45 - 49	1:43:20	0:27:20	04:54
54	Håkon Bratlien	Kodal II	M 40 - 44	1:43:22	0:27:22	04:54
55	Lars Frode Strømland	Luke The Drifter's	M 45 - 49	1:43:32	0:27:32	04:54
56	Tore Felix Munck	Resoptima Bil	M 23 - 29	1:43:34	0:27:34	04:55
57	Joakim Nilsson	Kustjägaras	M 23 - 29	1:44:18	0:28:18	04:57
58	Tommy Støa	Hytteplan Sport	M 35 - 39	1:44:58	0:28:58	04:59
59	Frank Karlengen	Ellingsen	M 40 - 44	1:45:06	0:29:06	04:59
60	Øivind Petersen	Fdil	M 30 - 34	1:46:02	0:30:02	05:02
61	Bjørn Venthe	Follum Bil	M 35 - 39	1:46:33	0:30:33	05:03
62	Jan Ivar Simonsen	Kodal II	M 40 - 44	1:47:03	0:31:03	05:04
63	Tor Treffen	Sjåstad/vestre Lier	M 45 - 49	1:47:15	0:31:15	05:05
64	Per Ragnar Tuftin	Søndre Røsby	M 35 - 39	1:47:20	0:31:20	05:05
65	Terje Vigdal	Privat	M 30 - 34	1:47:45	0:31:45	05:06
66	Joakim Tveter	Søndre Follo	M 23 - 29	1:48:07	0:32:07	05:07
67	Hans-Georg Viehbrock	Privat	M 35 - 39	1:48:38	0:32:38	05:09
68	Geir Kolsung	Lisleherad II	M 50 - 54	1:49:07	0:33:07	05:10
69	Jan Liverød	Kodal II	M 40 - 44	1:49:11	0:33:11	05:11
70	Ola Hjorth	Privat	M 50 - 54	1:49:22	0:33:22	05:11
71	Frode Burmann	Ullensaker Skiklubb	M 35 - 39	1:49:59	0:33:59	05:13
72	Trond Bråten	Ring.sept.	M 45 - 49	1:50:38	0:34:38	05:15
73	Ole Gandrud	Holeværingen	M 40 - 44	1:51:33	0:35:33	05:17
74	Ivar Akerlie	Privat	M 35 - 39	1:51:53	0:35:53	05:18
75	Tore J. Trønnes	Tyristubben	M 50 - 54	1:52:20	0:36:20	05:19
76	Jan-Erik Hansen	Økonomihuset	M 35 - 39	1:52:24	0:36:24	05:20
77	Francesco Terrone	Road Runners Club	M 35 - 39	1:52:37	0:36:37	05:20
78	Erling Kielland	Udi-Bil	M 65 - 69	1:52:44	0:36:44	05:21
79	Peter Carlsen	Il.ros	M 40 - 44	1:52:59	0:36:59	05:21
80	Johan Säterberg	Team Uppsala	M 20 - 22	1:53:29	0:37:29	05:23
81	Knut Aalien	Team Nordmarka	M 40 - 44	1:53:57	0:37:57	05:24
82	Helge Norberg	Cowi Bil	M 35 - 39	1:54:21	0:38:21	05:25
83	Roy Frydenberg	Privat	M 70 - 74	1:54:25	0:38:25	05:25
84	Sten Dagfinn Hallås	Privat	M 50 - 54	1:54:58	0:38:58	05:27
85	Even Berg Mathisen	Rgsk	M 20 - 22	1:55:48	0:39:48	05:29
86	Jon Steffensrud	Ringerike	M 23 - 29	1:56:25	0:40:25	05:31
87	Anders Tveit	Fretex	M 35 - 39	1:56:50	0:40:50	05:32
88	Per Arvid Bakken	Ingeniørservice Øst	M 35 - 39	1:56:57	0:40:57	05:33
89	Morten Fredheim Solberg	Nhst Bil	M 35 - 39	1:57:16	0:41:16	05:34
90	Eivind Sageng	Newsec Sport	M 23 - 29	1:57:21	0:41:21	05:34
91	Hogne Gulla	Snickers	M 35 - 39	1:57:30	0:41:30	05:34
92	Geir Lundell	Privat	M 35 - 39	1:58:12	0:42:12	05:36
93	Jeppe Songe-Møller	Schjødt Bil	M 35 - 39	1:58:13	0:42:13	05:36
94	Eldar Hosteland	Privat	M 30 - 34	1:58:21	0:42:21	05:37
95	Jan Tore Skjørshammer	Jæren Spaserklubb	M 40 - 44	1:59:15	0:43:15	05:39
96	Gudmund Bakke	Åskameratene	M 60 - 64	2:00:08	0:44:08	05:42
97	Leif Riis Strøm	Holeværingen	M 50 - 54	2:00:52	0:44:52	05:44
98	Vegard Aspelund	Follum Bil	M 23 - 29	2:01:23	0:45:23	05:45

99	Roger Meyer	Team Extreme	M 40 - 44	2:02:55	0:46:55	05:50
100	Jakob Wolstad	Asker SK	M 45 - 49	2:03:16	0:47:16	05:51
101	Ole Martin Solberg	Ringkollen Skiklubb	M 45 - 49	2:03:33	0:47:33	05:51
102	Lars Arne Gravseth	Hbl	M 35 - 39	2:03:49	0:47:49	05:52
103	Arild Arntzen	7 Mannsklubben	M 45 - 49	2:04:38	0:48:38	05:54
104	Tomas Østvang	Pojkarna	M 35 - 39	2:04:43	0:48:43	05:55
105	Michael Schollert	Privat	M 35 - 39	2:04:58	0:48:58	05:55
106	Dag Oliver	SK Rye	M 40 - 44	2:07:43	0:51:43	06:03
107	Helge Nyrønning	Privat	M 40 - 44	2:07:55	0:51:55	06:04
108	Endre Vindheim	Negotia	M 45 - 49	2:08:31	0:52:31	06:06
109	Dan Gundersen	Privat	M 23 - 29	2:11:38	0:55:38	06:14
110	Vegard Willassen	Privat	M 23 - 29	2:11:42	0:55:42	06:15
111	Trond Ruste	Tronrud Engineering	M 40 - 44	2:11:53	0:55:53	06:15
112	Arild Gundersen	Huhtamaki Bil	M 45 - 49	2:12:08	0:56:08	06:16
113	Svein Nørve	Huk	M 50 - 54	2:13:09	0:57:09	06:19
114	Stian Bakken	Privat	M 23 - 29	2:13:15	0:57:15	06:19
115	Rolf Arne Strand	Sparebank 1 Ringerike	M 45 - 49	2:14:34	0:58:34	06:23
116	Stig Hosteland	Privat	M 23 - 29	2:15:34	0:59:34	06:26
117	Hans Olav Stensli	Statens Kartverk Bil	M 40 - 44	2:15:38	0:59:38	06:26
118	Jo Inge Dalen	Ubestikkelige	M 35 - 39	2:16:30	1:00:30	06:28
119	Arild Pedersen	Privat	M 50 - 54	2:17:05	1:01:05	06:30
120	Pascal Versini	Privat	M 40 - 44	2:17:16	1:01:16	06:30
121	Tor Erling Alfstad	Follum Bil	M 23 - 29	2:19:18	1:03:18	06:36
122	Lars Brede Johansen	Privat	M 35 - 39	2:20:06	1:04:06	06:38
123	Stein Langørgen	SK Vidar	M 40 - 44	2:20:30	1:04:30	06:40
124	Jon Anders Kvisgård	Hytteplan Sport	M 50 - 54	2:29:58	1:13:58	07:07
125	Kristoffer Eide Andersen	Ringerike	M 16 - 17	2:30:20	1:14:20	07:08
126	Pål Merkesdal	Rant	M 30 - 34	2:37:34	1:21:34	07:28
127	Lars Try	Tvedestrand Turn &	M 50 - 54	2:46:05	1:30:05	07:52
128	Jørn Nicolaisen	Privat	M 30 - 34	2:47:20	1:31:20	07:56
129	Kjell Birkeland	Ik Grane	M 70 - 74	3:00:44	1:44:44	08:34
130	Mark Belfield	Privat	M 45 - 49	3:03:15	1:47:15	08:41